

BIO-DATA

Name **Jagpreet Kaur, Ph.D.**

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Educational Qualifications

M. Sc. (Chemistry), M. Ed., PGDCA, UGC (NET/JRF), Ph. D. (Education)

Teaching and Research Experience

- Worked as Research Fellow at Deptt. of Education & Community Service, Punjabi University, Patiala since 16-8-2002 to 8-9-2005. During this mentioned tenure, got extensive training of research methodology, statistical analysis using Excel, Statistical and SPSS statistical packages. She has a rich research experience of 21 years.
- Working as Assistant Professor in the Deptt. of Education & Community Service, Punjabi University, Patiala since August 9, 2005 and teaching M. A. (Education), M. Ed., M. Phil. And Ph. D. Course work Classes. She has teaching experience of 18 years.
- Presently working as Head, Deptt. of Education & Community Service, Punjabi University, Patiala since October 28, 2022

Academic Awards

1. Awarded **Roll of Honour and College Colour** for three consecutive years during graduation.
2. Stood **second in Punjabi University** in B.Sc.
3. Holder of **NTSE Scholarship in M.Sc.** on the basis of graduation result.
4. Stood **Second in Punjabi University** in B.Ed.
5. Holder of **UGC fellowship** for doing Ph. D.

Research Area of Interest

Adolescent Psychology, Life Skills Education, Positive youth development, Educational Technology, Online Teaching-learning

Professional Awards

- **Award for Best Paper presentation** at International Centenary Conference on Psychology organized by Deptt of Psychology and Applied Psychology, University of Calcutta, Kolkata on October 9-11, 2015.
- **Dr. S. P. Kulshreshtha Memorial National Award of Best Teacher 2015** by Indian Psychometric and Educational Research Association (IPERA), Patna.
- **UGC Research Award for the Year 2014-16** by University Grants Commission, New Delhi.
- **Award for Best Paper presentation** at 8th InSPA International Conference on School Psychology organized by Deptt of Psychology, Andhra University, Vishakhapatnam on October 11-13, 2018.
- **InSPA – P. K. Subbaraja Trust Best Performance Award, 2018** by Indian School Psychology Association.
- **Prof. S. Sultaan Akhtar Memorial Award- 2018** for the best Community Extension Work in the field of Applied Psychology by Indian Academy of Applied Psychology.
- **Award for Best Research Work in the field of Education, 2019** by Chandigarh College of Education, Landran at National Conference on “Education of Persons with Disabilities” on April 12-13, 2019.
- **InSPA – P. K. Subbaraja Trust Best Performance Award for Research, 2019** by Indian School Psychology Association.
- **Prof. Deepak Bhatt Best Scientific Paper Award** in 56th National & 25th International Conference of Indian Academy of Applied Psychology organized by Deptt of Psychology, Punjabi University, Patiala from February 18-20, 2020.
- **InSPA Ratna Award, 2021** by Governing Council of Indian School Psychology Association for translating the book “School Psychology in Indian Context” authored by Dr Panch Ramalingam in Punjabi language.

Sponsored Research Projects

- Completed one minor research project titled “**Life Skills among Adolescents: A study of Patiala district of Punjab**” (December, 2011) sponsored by RGNIYD, Sriperumbudur (Chennai).
- Completed one minor research project titled “**Impact of Home and School**”

Environment on Life Skills among Adolescents” (December, 2012) sponsored by RGNIYD, Sriperumbudur (Chennai).

- Completed one research project titled **“Effect of Life Skills Training on Emotional Reactions and Suicidal Behaviour of Adolescents in Punjab”** (March, 2017) as part of UGC Research Award sponsored by UGC, New Delhi.
- Completed one major research project as co-investigator titled **“Effect of Life Skills Training on Psychological Capital and Attitude of Punjabi Youth towards Alcohol and Drug abuse”** (June, 2018) sponsored by UGC, New Delhi.
- Completed one research project as co-investigator titled **“Impact of National Role Play and Folk Dance Competition on Life skills of Secondary School students of Himachal Pradesh”** (March, 2019) sponsored by NCERT, New Delhi in collaboration with Population Education Cell, SCERT, Solan (H.P.).
- Completed one research project titled **“Effectiveness of a Module for Life Skills Education using MOODLE for Prospective Teachers”** (March, 2020) sponsored by Central University of Kerala, Kasargod (Kerala) under PMMNMTT Scheme.
- Completed one research project as co-investigator titled **“ A Study of various issues associated with Drug abuse among School students of Himachal Pradesh”** (March, 2020) sponsored by NCERT, New Delhi in collaboration with Population Education Cell, SCERT, Solan (H.P.).

Ph. D. /M.Phil. Guidance

- Ph. D.: 13 (Degree Awarded)
1 (Submitted)
4 (ongoing)
- M. Phil.: 11 (Degree Awarded)
4 (Ongoing)
- M. A./M. Ed.: 40+

Books/Chapters Published

Book: “Psychological Hardiness and Creativity among Adolescents: Role of Home and School Environment” published by LAP Lambert Academic Publishing ISBN 978-3-8454-3613-5, Paperback, 312.

Book Translation in Punjabi: “School Psychology in Indian Context” authored by Dr. Panch Ramalingam

Ongoing: Gender, School and Society (in process)
Life Skills Education (English and Punjabi)
in process

Book Chapters: 25

Research Papers

1. Kaur, Jagpreet (2004). Personality Hardiness and Mental Health: A Theoretical Perspective. *INSIGHT Journal of Applied Research in Education*, 9(1), 76-82.
2. Kaur, Jagpreet and Singh, Kulwinder (2005). Personality Characteristics of Creative Students in relation to Gender and Socio-economic status. *Praachi Journal of Psycho-cultural Dimensions*, 21(2), 115-122.
3. Kaur, Jagpreet (2006). Human Rights Awareness through Education. *Sikhiya Khoj Pattar*, 5.
4. Kaur, Jagpreet (2007). Psychological Hardiness among Adolescents: Concerns for development. *Recent Researches in Education and Psychology*, 12(3-4), 64-67.
5. Kaur, Jagpreet (2008). Emotional Intelligence: A Conceptual Analysis. *Praachi Journal of Psycho-cultural Dimensions*, 24(2), 144-147.
6. Kaur, Jagpreet (2009). Psychological Hardiness: An Adolescent Perspective. *Psycho-lingua*, 39(2), 109-113.
7. Kaur, Jagpreet, Kaur, Rupinder, Rana, J. S. (2009). Home Environment And Academic Achievement as Correlates of Self-concept among Adolescents. *Studies on Home and Community Science*, 3(1), 13-17.
8. Kaur, Jagpreet and Singh, Kulwinder (2009). Home Environment as a Determinant of Psychological Hardiness among Creative Indian Adolescents in Urban and Rural Areas. *International Journal of Child Health and Human Development*, 2 (2), 155-167.
9. Kaur, Jagpreet (2009). Gender Differences in Perceptions of Home Environment among Indian Adolescents. *Journal of Social and Psychological Sciences*, 2(2), 57-69.
10. Kaur, Jagpreet (2009). Correlates of Achievement Motivation among Adolescents. *Indian Journal of Psychometry and Education*, 40 (1&2), 209-211.
11. Kaur, Jagpreet (2009). E-learning Issues in India. *Educational Science Review*, 1 (2), 16-18.

12. Kaur, Jagpreet and Singh, Shamsher (2009). Gender and Self-esteem as Determinants of Psychological Hardiness among University Students. *Bombay Psychologist*, XXIV (1 & 2), 57-60.
13. Kaur, Jagpreet (2010). Education for a Sustainable Future. *Recent Researches in Education and Psychology*, 15 (3-4), 99-101.
14. Kaur, Jagpreet and Rani, Neetu (2010). Emotional Intelligence and Style of Learning and Thinking among Adolescents. *Journal of Community Guidance and Research*, 27(1), 88-94.
15. Kaur, Jagpreet and Kumar, Munish (2012). Impact of Type of School and School Environment on Self-Concept of Adolescents. *Journal of Psychosocial Research*, 7 (1): 43-51.
16. Kaur, Jagpreet and Kaur, Pawandeep (2010). Familial Factors in Determining the Career and Family Values among Female University Students in India. *Bombay Psychologist*, XXVI (1 & 2), 81-87.
17. Kaur, Jagpreet and Singh, Kulwinder (2010). Impact of School Climate on Psychological Hardiness among Creative Indian Adolescents. *International Journal of Child & Adolescent Health*, 3(3), 381-392.
18. Kaur, Jagpreet (2010). Gender differences in Emotional Intelligence among Indian Adolescents. *Journal of Social and Psychological Sciences*, 3(2).
19. Kaur, Jagpreet (2011). Role Stress among School Teachers: An Empirical Study. *Indian Psychological Review*, 74(2), 93-96.
20. Kaur, Jagpreet and Oberoi, Shashi (2011). Impact of Gender, Locale and School environment on Cognitive Style of adolescents. *Journal of Education & Pedagogy*, 2(2), 24-30.
21. Kaur, Jagpreet and Kaur, Sandeep (2011). Stress and Psychological Hardiness among College Students: A Cross-gender Perspective. *Indian Journal of Health and Well-being*, 2(5), 977-979.
22. Kaur, Jagpreet (2011). Gender and School Climate as Determinants of Psychological Hardiness among Indian Adolescents. *IEEE proceeding of International Conference of Social Sciences and Humanities (ICSSH)* held in Singapore from 26-28 Feb., 2011.
23. Kaur, Jagpreet (2012). Influence of Gender and Home environment on Educational Aspirations of Indian adolescents. *International Journal of Education and Psychology in the Community*, 2(2), 54-64.

24. Kaur, Jagpreet and Kaur, Sandeep (2012). A Study of Attitude of Elementary School Teachers towards Inclusive Education. *International Journal of Education & Management Studies*, 1(2), 148-149.
25. Kaur, Jagpreet (2012). Hardiness among Adolescents: A Cross-Gender Perspective. *Bombay Psychologist*, XXVII (1&2): 62-67.
26. Kaur, Jagpreet and Kaur, Harpreet (2012). Attitude of Parents and Teachers towards Sex Education of Adolescents. *Journal of Education & Pedagogy*, 4(2), 74-78.
27. Gulati, K Rupinder, Kaur, Jagpreet and Sangwan, Paramjeet (2012). Psychological Correlates of Academic Achievement Among Adolescents. *International Journal of Computer Science and Communication Engineering*, IJCSCE Special issue on "Emerging Trends in Engineering" ICETIE, 2012 : 111-114.
28. Singh, Dalvir and Kaur, Jagpreet (2013). Life skills among Adolescents: A study of Sangrur district of Punjab. *International Journal of Education & Management Studies*, 2(5), 168-172.
29. Kaur, Jagpreet (2013). Home Environment as a Predictor of Psychological Well-Being among Adolescents. *International Journal of Education and Psychology in the Community*, 2013, 3(1): 22-33.
30. Kaur, Jagpreet and Singh, Dalvir (2013). The Role of Family and School Environment in Developing Coping Skills among Adolescents. *Indian Journal of Positive Psychology*, 3(5), 311-314.
31. Kaur, Jagpreet and Singh, Dalvir (2013). Family Environment as a Predictor of Psychological Hardiness among Adolescents. *Indian Journal of Positive Psychology*, 3 (2), 407-411.
32. Kaur, Jagpreet (2013). Coping Skills as Predictors of Self-efficacy among Adolescents. *Journal of Research, Extension and Development*, 4(2), 311-314.
33. Kaur, Jagpreet and Singh, Dalvir (2014). Family and School Environment determine Social Skills among Indian Adolescents. *International Journal of Education and Psychology in the Community*, 4 (1 & 2), 78-92.
34. Kaur, Jagpreet (2015). Influence of Gender and School Climate on Creativity among Indian Adolescents. *International Journal of Psychology Research*, 10 (4), 307-322.

35. Kaur, Jagpreet (2015). Impact of Home and School Environment on Life Skills among Adolescents. *International Journal of Psychology Research*, 10 (4), 323-338.
36. Kaur, Jagpreet and Kaur, Ramanjeet (2015). A Study of Career Decision-Making among Adolescents. *International Journal of Education and Management*, 4(1), 18-22.
37. Kaur, Jagpreet and Kaur, Ramanjeet (2015). Career Decision-Making among Adolescents in relation to Social Maturity and Self-Efficacy. *International Journal of Social Sciences Review*, 3(1), 95-97.
38. Kaur, Jagpreet and Singh, Dalvir (2015). Role of Family in Developing Life Skills & Psychological Hardiness among Adolescents. *International Journal of Life Skills Education*, 1(1), 10-22.
39. Kaur, Jagpreet and Kaur, Khushgeet (2015). Predictors of Attitude of college Students towards Use of Computers. *Issues and Ideas in Education (IIE)*, 3(1), 29-39.
40. Kaur, Jagpreet and Kaur, Khushgeet (2016). Psychological Capital in relation to Stress among University Students. *Indian Journal of Health and Well Being*, 7(3), 323-326.
41. Kaur, Jagpreet and Kaur, Khushgeet (2016). Prevalence of Stress among University Students: An Empirical Analysis. *Journal of Research, Extension and Development*, 4(8), 10-13.
42. Kaur, Jagpreet and Kaur, Khushgeet (2016). Life Skills as Predictors of Risk-Taking Behaviour among Prospective Teachers. *Indian Journal of Positive Psychology*, 7(2), 244-248.
43. Kaur, Jagpreet and Kaur, Khushgeet (2016). A Study of Risk-Taking Behaviour among Prospective Teachers. *Journal of Advanced Studies in Education and Management*, 1(5), 1-7.
44. Kaur, Lavleen and Kaur, Jagpreet (2017). Gender Differences in Video Game Habits among Adolescents. *International Journal of Education and Management*, 7(4), 512-514.
45. Bodhi, Vishakha and Kaur, Jagpreet (2017). Impact of Internet Use on Academic Performance. *International Journal of Education and Management*, 7(4), 515-517.
46. Kaur, Jagpreet and Kaur, Khushgeet (2017). Life Skills as Predictors of Attitude of College Students towards Alcohol and Drug abuse. *International Journal of*

Psychology Research, 12(3), 197-207.

47. Kaur, Jagpreet and Kaur, Dilpreet (2017). Psycho-social Problems of Adolescents in relation to Life skills and Social support. *International Journal of Psychology Research*, 12(2), 109-119.
48. Bodhi, Vishakha and Kaur, Jagpreet (2017). Psychological Correlates of Internet Addiction among College Students. *International Journal of Health and Well-being*, 8(11), 1404-1408.
49. Kaur, Jagpreet and Amin, Shaigan (2017). Psychological Capital and Stress among School Students. *Indian Journal of Positive Psychology*, 8(4), 495-499.
50. Kumar, Raman and Kaur, Jagpreet (2018). Effectiveness of E-content Strategy on Mathematics Achievement of Elementary Students. *International Journal of Education and Management*, 7(1), 116-118.
51. Kumar, Raman and Kaur, Jagpreet (2018). Effect of E-content Strategy on Mathematics Achievement of Elementary Students in relation to Achievement Motivation. *International Journal of Education and Management*, 8(2), 220-223.
52. Kaur, Kirandeep, Kaur, Jagpreet and Belete, Alemayehu Mengiste (2019). Teachers' Views towards Practices of Instructional Leadership in Selected Primary Schools of Debre Berhan City Administration, Ethiopia. *International Journal of Social Sciences Review*, 7(5), 941-947.
53. Kaur, Jagpreet and Debel, Olana (2019). Teacher Collaboration and Professional Development in Secondary Schools of Ethiopia: A Literature Review. *International Journal of Social Sciences Review*, 7(5), 1031-1034.
54. Kaur, Jagpreet and Kaur, Dilpreet (2019). Impact of Parental Education on Self-Regulated Learning Strategies of College Students. *International Journal of Social Sciences Review*, 7(6), 1841-1844.
55. Kaur, Jagpreet and Singh, Jahanjeet (2020). Problematic Internet Use among University Students. *Shodh Sarita*, 7(28), 109-113.
56. Kaur, Jagpreet (2020). Bridging the Employability Gap: significance of Life Skills Education. *Shodh Sarita*, 7(28), 35-39.
57. Kaur, Jagpreet and Singh, Sukhraj (2020). Peer Pressure as a Predictor of Attitude of College Students towards Alcohol and Drug Abuse. *Shaikshik Parisamvad (An International Journal of Education)*, 10(1&2), 11-16.

58. Kaur, Jagpreet and Kaur, Ramanjeet (2020). Effect of Life skills Training on Suicidal Ideation among Female Juvenile Delinquents. *Shodh Sanchar Bulletin*, 10(40), 42-51.
59. Kaur, Jagpreet and Kaur, Manpreet (2021). Effectiveness of Life Skills Intervention on Adolescents. *Research and Reflections on Education*, 19(3), 13-16.
60. Kaur, Jagpreet and Kaur, Dilpreet (2021). Familial factors influencing Parenting Style of College Students. *Indian Journal of Psychology*, 114-118.
61. Kaur, Jagpreet and Kaur, Ramanjeet (2021). Predictors of Career decision Making among Indian adolescents. *International Journal of Education and Psychology in the Community*, 11(1/2), 225-237.
62. Kaur, Jagpreet and Singh, Amrik (2021). Awareness and Attitude of University Students towards Massive Open Online Courses (MOOCs): An Indian Experience. *Education India Journal: A Quarterly Refereed Journal of Dialogues on Education*, 10(5), 123-128.
63. Kaur, Jagpreet and Joshith, Vazhayil Peedikayil (2021). A Life Skills Intervention for School-going Adolescents in India. *Sri Lanka Journal of Psychiatry*, 12(2), 23-27.
64. Kaur, Jagpreet (2021). Effect of Life Skills Training on Suicidal Behaviour of Adolescents. *MIER Journal of Educational Studies Trends and Practices*, 11(2), 269-280.
65. Kaur, Jagpreet, Singh, D. and Joshith, Vazhayil Peedikayil (2022). A Life Skills Intervention Aimed at Changing Attitudes of Indian Youth towards Alcohol and Drug Abuse. *Sri Lanka Journal of Psychiatry*, 13(1), 42-27.
66. Kaur, Jagpreet and Joshith, Vazhayil Peedikayil (2022). Effect of Life Skills Training on Resilience of Female Juvenile Delinquents. *Bharatiya Shiksha Shodh Patrika*, 41(1), 59-62.
67. Kaur, Jagpreet and Kaur, Manpreet (2022). A Life Skills Intervention for Enhancing Psychological Well-Being of Secondary School Students. *MIER Journal of Educational Studies Trends and Practices*, 12(2), 285-300.
68. Kaur, Jagpreet and Kaur, Khushgeet (2022). Developing Awareness and Attitude towards Sustainability through an Activity-Based Intervention. *Journal on Efficiency and Responsibility in Education and Science*, 15(4), 212-220.
69. Kaur, Jagpreet and Singh, D. (2023). A Life Skills Intervention for Developing Psychological Capital among College Students in India. *Sri Lanka Journal of Psychiatry*, 14(1), 15-19.

70. Kaur, Jagpreet and Kaur, Lovepreet (2023). Psychological Capital as a Predictor of Academic Engagement and Academic Motivation among College Students. Accepted for publication in *Indian Journal of Positive Psychology*, September, 2023.
71. Kaur, Jagpreet and Sharma, Hemraj (2023). Impact of Co-curricular Activities on Life Skills among Secondary School Students in Himachal Pradesh (India). Communicated for publication in *International Journal of Educational Sciences (UGC CARE list journal)*.
72. Kaur, Jagpreet and Kaur, Dilpreet (2023). Influence of Gender and Social Category on Parenting Styles of College Students in Punjab. Communicated for publication in *EduTech*.

Workshops Organized

1. Co-organizer of One day Life Skills Workshop for Research Scholars at Deptt of Education, Punjabi University, Patiala in collaboration with Dr. Baby Shari, Associate Professor, Deptt. Of Psychology, University of Calicut, Calicut on April 18, 2016.
2. Co-ordinated “Workshop on School Psychology” organized in online mode by Deptt of Education, Punjabi University, Patiala in collaboration with Indian School Psychology Association from April 23-25, 2020.
3. Mentor in the International web conference on “Transcending Science: Building Scientific Attitude for the 21st Century” organized by Department of Education (CIE), University of Delhi, Delhi on September 26, 2020.
4. Mentor in 10th InSPA International Conference on School Psychology organized by Aligarh Muslim University, Aligarh in collaboration with Indian School Psychology Association from November 5-7, 2020.

Invited Talks/ Lectures

1. Resource person for the Training of Trainers on “Citizenship Parenting and Peer Education through Life Skills Approach” on the topic “Critical Thinking” and “Creative Thinking” at CYP Asia Centre Chandigarh, organized by RGNIYD, Sriperumbudur from 13 - 19th December 2012.
2. Extension Lecture on the Topic “Levels of Teaching” and “Life skills for Youth Empowerment” in the Orientation course for Meritorious School Teachers organized by Academic Staff College, Punjabi University, Patiala on 5.10.2014.

3. Resource Person in Four days Workshop on “Psycho-social Concerns in Educational Research” on the topic “SPSS and its Application in Social Science Research” organized by Dashmesh Girls College of Education, Badal (Pb.) from March 5-8, 2014.
4. Organized a symposium “Life Skills Education to Face the Future” at 5th InSPA International Conference organized by Indian School Psychology Association on “Developing Life Skills and School Development in India” at KBP College, Vashi, Navi Mumbai on November 20-22, 2015.
5. Panelist at ICSSR sponsored National Seminar on “Distance and e-learning in Global Context” organized by University School of Open Learning, Punjab University, Chandigarh on February 15, 2017.
6. Panelist in the panel discussion on “Life Skills Interventions: Best practices” as panelist in at International Centenary Conference on Life Skills and Well-being of Children and Youth in the Digital World organized by Jai Narain PG College, Lucknow on February 9-11, 2018.
7. Resource person in the National Workshop on “Constructivist Approach of Teaching and Learning” on the topic “Integrating Technology in the Constructivistic Classroom” organized by School of Education, Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya from January 30- February 01, 2018.
8. Resource person in the National Workshop on “Curriculum Development for Doctoral Programme in Educational Research” organized by School of Education, Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya from Septmeber 10 - September 12, 2018.
9. Resource person in One Month Faculty Induction Programme on the topic “Curriculum: Design and Development” organized by School of Education, Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya on December 13, 2018.
10. Resource person in Workshop on Life Skills Education at First International Conference of Malaysian School Psychology Association held at Kualalampur from Jan 10-12, 2019.
11. Resource person in Refresher Course on “Women Empowerment” on the topic “Role of Education in Women Empowerment” and “Life Skills Education for Women Empowerment” at HRDC, Saurashtra University, Rajkot from January 17-18, 2019.
12. Resource person in One Month Faculty Induction Programme on the topic “Understanding Curriculum and its Design” organized by Faculty Development Centre, Maharishi Dayanand University, Rohtak on January 19, 2019.
13. Resource person in National Workshop on Resource Development on “Skill Enrichment for Academic Excellence” at Faculty Development Centre, Kurukshetra University, Kurukshetra on March 11-12, 2019.

9. Resource person in two days' workshop on "Data Analysis and Report Writing" organized by Population Education Cell, SCERT, Solan, H.P. on March 22-23, 2019.
10. Resource person in Three-day Training on Population and Adolescent issues on the topic "Life Skills Development" organized by Population Education Cell, SCERT, Solan, H.P. on April 26, 2019.
11. Resource person in Peer review meeting on Resource Development on "Skill Enrichment for Academic Excellence" at Faculty Development Centre, Kurukshetra University, Kurukshetra on May 13, 2019.
12. Resource person in In Service Training Programme for District Resource Persons on Drug Abuse on the topic "Development of Life Skills" organized by SCERT, Solan, H.P. on May 24, 2019.
13. Resource person in Three days workshop on "Data Interpretation and Report Writing of 8th All India Survey" organized by Population Education Cell, SCERT, Solan, H.P. on June 10-12, 2019.
14. Resource person in General Orientation Programme and Refresher Course on "Core Values of Education Policy" on the topic "The Four Pillars of Education" and "Education: The Continuous and Life long Process" at HRDC, Saurashtra University, Rajkot on June 4-5, 2019.
15. Resource Person in Training programme for newly appointed Assistant Professors on the topic, "Effective Teaching Learning Process and Class Room Management" organized by SCERT, Solan, H.P. on 20-7-2019.
16. Resource person in One Month Faculty Induction Programme on the topic "Life Skills for Academia" organized by School of Education, MGAHV, Wardha on July 23, 2019.
17. Resource person in National workshop on "Life Skills Education" organized by MGAHV, Wardha on July 24-26, 2019.
18. Resource person in the Faculty Development Programme on "Soft skills and Academic writing" on the topic "Life Skills Training for Teachers: Interpersonal Skills for Professional Excellence" organized by Faculty Development Centre, Maharishi Dayanand University, Rohtak on July 30, 2019.
19. Resource person in One Month Faculty Induction Programme on the topic "Life Skills Orientation for Teachers" organized by Faculty Development Centre, Kurukshetra University, Kurukshetra on August 9, 2019.
20. Resource person in the Capacity Building Programme on "MOOCs and Open

Education Resources” on the topic “MOOCs and Digital Initiatives by Govt. of India” organized by Faculty Development Centre, Kurukshetra University, Kurukshetra on September 16, 2019.

21. Resource person in Two-week Faculty Induction Training Programme for School Teachers and PGTs on the topic “Life Skills in Classroom” organized by SCERT, Solan, H.P. on September 23, 2019.

22. Resource person in Training Programme on “Prevention of Drug Abuse” on the topic “Dimensions of Life Skills and its application for Prevention of Drug Abuse” organized by SCERT, Solan, H.P. on October 4, 2019.

23. Resource person in Training programme on “Design and Development of MOOCs” on the topic “MOOCs and Online Courses” organised by Institute of Teacher Training and Research, Kurukshetra University, Kurukshetra, on October 14, 2019.

24. Resource person in the National workshop on "Innovation for Motivated Learning" on the topic “Life Skills Orientation for Teachers” in Faculty Development Centre (FDC), Department of Education, M.G. Kashi Vidyapith, Varanasi on November 29-30, 2019.

25. Resource person in the Two-day Tier-2 National Workshop on ‘Research Methodology Resources for Teachers in Higher Education’ on 30-31 January 2020 at NIEPA, New Delhi.

26. Resource person in the “Workshop on Life Skills Education for Adolescents” in International Conference on Mental Health and Well-being among School Children at National Institute of Education, Colombo, Sri Lanka on 11 - 12 February, 2020.

27. Resource person in two days workshop on “Data Analysis and Report Writing” organized by Population Education Cell, SCERT, Solan, H.P. on February 22-23, 2020.

28. Resource person in One day Online DIASHOP 2020- A Dialogue cum Workshop on Possibility of Educational Research amid COVID-19 on the topic “Basics of Educational Research and Dissertation Writing” organized by S. D. College of Education, Barnala on May 2, 2020.

29. Resource person in the Webinar Series on the topic “Life Skills and Career Development” organized by School of Education, Sharda University, Greater Noida (UP) on May 7, 2020.

30. Delivered an invited talk on “MOOCs and Online Learning” in UGC Sponsored Online Faculty Development Programme on “ Hybrid Classroom: ICT Tools and Teaching Learning Process” organized by Desh Bhagat College, Bardhwal (Dhuri) on June 28, 2020.

31. Resource Person in Online Workshop on School Psychology: Promoting Mental Health and Well-Being for Secondary School teachers in Aizawl District, Mizoram on the topic “Stress Management during the Pandemic” organized by Indian School Psychology Association in collaboration with Directorate of School Education, Govt of Mizoram on July 7-8, 2020.
32. Resource person in the Online Training on Life Skills, Counselling and Mentoring” Coping with the Pandemic Situation on the topic “Communication Skills during Pandemic” organized by Centre of Life Skills Education, Central University of Kerala, Kasargod on August 10, 2020.
33. Resource person in Short Term Course on “Cutting Edge Technology in Research and Innovation” on the topic “Technology and Research Process” organized by HRDC, Saurashtra University, Rajkot on Spetmeber 15, 2020.
34. Delivered an invited talk on “Life Skills for Academia” in One-month online Faculty Induction Programme-1 organised by Human Resource Development Centre, GJUST, Hisar on October 6, 2020.
35. Delivered an invited talk on “MOOCs and Online Courses” in Faculty Induction Programme organized by UGC-HRDC, BPS Mahila Vishwavidyalaya, Khanpur Kalan, Sonapat on October 24, 2020.
36. Resource person in the One day Training on “Research Methodology and Dissertation Writing” organized by Research Cell, Bhopal School of Social Sciences, Bhopal on December 5, 2020.
37. Delivered an invited talk on “Life skills Education” in the Interdisciplinary Refresher Course organized by Faculty Development Centre, Maharishi Dayanand University, Rohtak on January 11, 2021.
38. Delivered an invited talk on “Online teaching: An exploration” at Two week Winter School (ID) on “Innovations in Science Teaching” organized by Sri Pratap College, Srinagar February 6, 2021.
39. Delivered an invited talk on the topic ' New Education Policy and Higher Education ' at Govt. College of Science Education and Research, Jagraon on Feb 8, 2020.
40. Delivered an invited talk on “MOOCs and Online Courses” in Short Term Course on “MOOCs and OER” at UGC-HRDC, Guahati University, Guwahati on February 16, 2020.
41. Resource person in National Workshop on “Designing Online Virtual Environment” on the topic “MOOCs and Online Courses” organized by Deptt. Of Education, University of Kerala, Trivandrum on February 23, 2020.

42. Delivered an invited talk on “Life Skills Education” in One-month online Faculty Induction Programme-1 organised by Human Resource Development Centre, GJUST, Hisar on February 24, 2020.

43. Delivered an invited talk on “Outcome based Education and Life skills” in a Training session organized by Bangladesh School Psychology Society, University of Dhaka, Dhaka on February 27, 2021.

Conferences/Seminar Sessions Chaired

1. Co-chaired a session at International Centenary Conference on Psychology organized by Deptt of Psychology and Applied Psychology, University of Calcutta at Kolkata on October 9-11, 2015.
2. Chaired a Technical session in Education at Fourth International Conference on Social Sciences and Humanities organized by Ashutosh College, Kolkata on July 14-15, 2018.
3. Chaired a Technical session in International Conference on Stress Management: Dimensions and Suggestive measures organized by Govt. Degree College for Women, Anantnag on June 12-13, 2019.
4. Invited as a Resource person in National Seminar on “Innovative Pedagogy and Effective Teaching learning Process” organized by Vijay Memorial College of Education College for Women, Kullu on June 12-13, 2019.
5. Chaired a Scientific session in 9th InSPA International Conference on School Psychology at PDPU, Gandhinagar from November 14-16, 2019.
6. Chaired a session in International Webinar on “Helping Children at Home – Level I for Kindergarten to V standard children” organized by Asia Pacific School Psychology Association in collaboration with Indian School Psychology Association on July 22-23, 2020.
7. Acted as a Resource Person and Mentor in the International web conference on “Transcending Science: Building Scientific Attitude for the 21st Century” organized by Department of Education (CIE), University of Delhi, Delhi on September 26, 2020.
8. Acted as a session chair in 10th InSPA International Conference on School Psychology organized by Aligarh Muslim University, Aligarh in collaboration with Indian School Psychology Association from November 5-7, 2020.
9. Chaired a Scientific session in 56th National & 25th International Conference of Indian Academy of Applied Psychology organized by Deptt of Psychology, Punjabi University, Patiala from February 18-20, 2020.

Workshops Attended

1. Attended Training in SPSS for research organized by NIHFWD, Delhi from 13-17 Sept., 2010.
2. Attended Workshop on Research Methodology and Statistics organized by Deptt. Of Education, Punjabi University, Patiala from March 16-18, 2011.
3. Attended Workshop on Research Methodology organized by Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Chennai from May 2-5, 2011.
4. Attended All India Young Social Scientist's Workshop on Technology and Society: Issues and Challenges organized by North Gujarat University, Patan (Gujarat) from September 26-27, 2011.
5. Attended National Workshop on Innovative Teaching Skills & Parameters of a good Research Paper organized by Desh Bhagat College of Education, Mandi Gobindgarh on January 25, 2012.
6. Attended Workshop on Research Methodology organized by Department of Education, Punjabi University, Patiala from March 16-18, 2012.
7. Attended Workshop on Research Methodology organized by Rajiv Gandhi National Institute of Youth Development, Sriperumbudur, Chennai from April 16-19, 2012.
8. Attended UGC sponsored Refresher Course in Education organized by Academic Staff College, Punjabi University, Patiala from 20-8-12 to 08-09-12.
9. Attended Workshop on Smart Technologies in Education organized by Academic Staff College, Punjabi University, Patiala on January 15, 2013.
10. Attended UNFPA sponsored Workshop-cum-Training Programme on Census Data Dissemination organized by Centre for Census Studies and Research, Punjabi University, Patiala from December 17-18, 2013.
11. Attended Training Programme on SPSS for research organized by Deptt. Of Statistics, Punjab University, Chandigarh from May 12-20, 2014.
12. Attended Workshop on "Structural Equation Modelling for Behavioral Research using R" organized by Centre for Computational Social Sciences, University of Mumbai, Mumbai from September 13-14, 2014.
13. Attended Capacity Building Programme for Social Science Faculty organized by Deptt. Of Economics, Jamia Millia Islamia, Delhi from May 15-28, 2015.

14. Attended Workshop on Relevance of research in Society organized by HRDC, Punjabi University, Patiala from December 22-28, 2015.
15. Attended Orientation Course organized by HRDC, Punjabi University, Patiala from May 18, 2016 to June 16, 2016.
16. Attended Workshop on “Teaching, Learning with Technology using Moodle MOOC Platform” organised by NIEPA, New Delhi from August 6-10, 2018.
17. Attended Three days Workshop on “Academic leadership and Institutional management” organised by IIM, Ahmedabad from April 11-13, 2019.
18. Attended Faculty Development Programme on “Design, Develop and Deliver MOOC Courses through SWAYAM Platform” organised by NIEPA, New Delhi from July 1-6, 2019.
19. Attended National Workshop on “Designing and Development of MOOCs” organised by CALEM, Panjab University, Chandigarh from November 4-10, 2019.
20. Attended Online Faculty Development Programme on “MOOCs: Instructional Design, Development and Learning Analytics” organised by CALEM, Panjab University, Chandigarh from April 4-9, 2020.
21. Attended One Week National e-Workshop on Emerging Dimensions of Qualitative Research organized by University Institute of Applied Management Sciences, Panjab University, Chandigarh from June 8 -13, 2020.
22. Attended Online Faculty Development Programme on "Managing Virtual Class Room and Open Education Resources" organised by CALEM, Panjab University, Chandigarh from from June 24-29, 2020.
23. Attended Online Faculty Development Programme on "Technology and Instructional Reforms with reference to Online Teaching, Learning & Evaluation” organised by CALEM, Panjab University, Chandigarh from July 15-20, 2020.
24. Attended Online Refresher Course for Teacher Educators: Learning outcomes and Educational Reform -Pedagogy, Assessment and Quality Assurance organized by UGC-HRDC, DAVV, Indore from 14-08-2020 to 27-08-2020.
25. Attended Online Faculty Development Programme on "Artificial Intelligence and Machine Learning – Basics and Applications” organized by CALEM in collaboration with Department of Computer Science and Applications, Panjab University, Chandigarh from December 22-28,2020.

Text/e-content Developed

1. OER developed for NCTE

- [Learner, Learning environment and the Significance of Educational Psychology for the Teachers](#)
- [Educational Technology: Meaning, Nature and Scope](#)
- [Gender: Concept and Theory](#)
- [Gender roles and Perceptions](#)
- [Pedagogy of Science : Science Curriculum, Syllabus and Text book](#)
- [Gender School & Society: Gender Identity and Socialization](#)

2. Video Lectures for SWAYAMPRAKHA Channel 32: Teacher Education

- Domains of Science
- Science Curriculum at Secondary and Senior secondary Stage
- Experiential Learning
- ICT and Multimedia as Teaching-learning Resources

3. Lessons written for Department of Distance Education

- Experiential Learning
- Instructional Design: Different Strategies and Methods
- Educational Technology
- Education for life and through life and its reflection in curriculum and pedagogical practices
- Task Analysis-Designing of Instructional Strategies-Dialogue, Brainstorming and Conference
- Modification of Teacher Behaviour- Reciprocal Category System and Equivalent Talk Category System

Member

1. Board of Studies, Deptt of Education, Punjabi University, Patiala
2. Faculty of Education and Information Science, Punjabi University, Patiala
3. Member, Departmental Research Board, Deptt of Education, Punjabi University, Patiala
4. Secretary, ACD, Deptt of Education, Punjabi University, Patiala
5. Coordinator, Practical Exams, Deptt of Education, Punjabi University, Patiala
6. Nodal Officer, Online examination, Deptt of Education, Punjabi University, Patiala
7. Member, Departmental Doctoral Board for Ph.D. Evaluation, Deptt of Education, Lovely Professional University, Jalandhar.
8. Expert for PhD evaluation in different universities
9. Selection Committee for B. Ed. Colleges affiliated to Punjabi University, Patiala

10. Inspection Committee for B. Ed. Colleges affiliated to Punjabi University, Patiala
11. Member, Revision Committee for Gender Policy, National Institute of Open Schooling, New Delhi

Membership of Professional Associations of India

1. Indian Science Congress, Life Member.
2. All India Association for Educational Research, Life Member.
3. All India Association of Teacher Educators, Life Member.
4. Indian Association of Life Skills Education, Life Member.
5. Indian Association of Life Skills Education, **Executive Committee Member.**
6. Indian Association of Applied Psychology, Life Member
7. Psycho-Linguistic Association of India, Life Member.
8. Indian Association of School Psychology, Life Member
9. Indian Association of School Psychology, **State Convener, Punjab**
10. International Association of Computer Science and Information Technology, **Senior Member.**

Professional Service

1. Nominated as **Member of Editorial Board** of Journal of Psychology and Counselling, Horizon: Journal of Humanities and Social Science Research.
2. **Reviewer** of many journals of National and International repute.

(Jagpreet Kaur)